

METHOD OF TREATMENT

Counseling methods combine brief, solution-focused therapy with Biblical principles and an emphasis on relational dynamics. A positive approach to problems is taken, believing that people are resilient and have tremendous resources to address life situations. It is the role of the counselor to help the client understand the dynamics of his situation and to assist him in using his particular strengths to address these issues.

Daehnert Counseling LLP adheres to the belief that every client should have the right to complete restoration along with God-given, and yet often unrealized freedoms.

GOALS, RISKS & BENEFITS

There is always a risk of emotional side effects from counseling. ***Sometimes symptoms worsen before they get better.*** Often counseling brings up painful emotions. Daehnert Counseling LLP's goal is to confront issues and emotions together and to work through them over time. Other types of counseling such as support groups or therapy groups may also be appropriate in a particular situation. Together, the client and counselor will determine if one or more types of counseling are appropriate.

LENGTH OF TREATMENT

Length of treatment will vary and will be determined together by the client and counselor. Each individual and relationship has unique strengths and weaknesses, and each problem is different from the next. The goal is that each client will finish counseling in a timely manner, without unnecessary use of time or money. Groups will have a predetermined number of sessions, typically six to ten.

FEES

Together, the client and counselor will make decisions concerning how often and for how long they should meet. Counseling sessions will be 45-50 minutes long at a cost of \$190 for the initial session, \$170 for individual, \$175 for marriage and pre-marital sessions, \$40 per group session, and \$180 for family sessions. Payment is due in full at each session, and payment for all group sessions is due at the initial session. Client can be charged if necessary for any missed/unpaid sessions with any credit card(s) on file.

Insurance may reimburse all or part of counseling fees. Daehnert Counseling LLP does not file insurance; however, documentation is provided should the client choose to file with his insurance provider.

All fees incurred for lost time/wages because of court hearings, subpoenas served, or other legal matters regarding client(s) business will be paid in a timely manner (using credit card on file) by the client(s) signing below. Wages to be paid will consist of \$250/hr minimum. Your signature below also waives your counselor's involvement in any legal matters if he deems it more appropriate to not participate.

Keep your receipts in a safe place for insurance/tax purposes. Clients sometimes ask for additional copies of receipts. While we are happy to be of service to you, we may charge a **\$10** fee for this service. In addition, there's a \$25 fee for returned checks.

CANCELLATIONS

In the event the client is unable to keep an appointment, notification is required at least 24 hours in advance **(for Monday appointments, client must cancel on Friday before as weekends do not count.** If the client has a double session booked, he or she will be required to pay half of it unless a cancel occurs within 48 hours). The client is required to pay for any missed sessions \$150 (with credit card on file) unless he calls 24 hours in advance to cancel the appointment. An exception may be made if Daehnert Counseling LLP deems the situation an emergency.

RIGHT TO PRIVACY/CONFIDENTIALITY

All communication between the client and counselor becomes part of the clinical record. Records are the property of Daehnert Counseling LLP in accordance with legal requirements, adult client records are disposed of seven years after the file is closed; minor client records are disposed of seven years after the client's 18th birthday.

While most communication between a client and counselor is confidential, the following limitations and exceptions do exist:

- The counselor determines the client is a danger to himself or someone else.
- The client discloses abuse, neglect or exploitation of a child, elderly or disabled person.
- The client authorizes the counselor to release records.
- The counselor is ordered by a court (including subpoenas) to disclose information.
- The counselor is otherwise required by law to disclose information. *In marriage or family counseling, the meaning the confidentiality belongs to the relationship and not the individual, even when seeing each spouse individually although the counselor will use discretion based on the sensitivity of the information shared.*

EMERGENCIES

During office hours, the client can contact the counselor at **214.509.7149**. If the client is unable to reach his counselor in a timely manner, he should contact his physician, a local emergency room or the local police department when necessary and appropriate. It is the client's responsibility to seek the appropriate resources in emergency situations *(some Hotlines are listed on Daehnert Counseling LLP website).*

By your signature below, you indicate that you have read and understood this statement, and any questions about this statement were answered to your satisfaction. You also indicate that you have received a copy of this statement for your records. By your counselor's signature, Daehnert Counseling LLP verifies the accuracy of this statement and acknowledges our commitment to conform to its specifications.

Client or Guardian Signature: _____ Printed Name: _____ Date: _____

Counselor Signature: _____ Printed Name: **TODD DAEHNERT, M.A. LPC** Date: _____