

<p>ANTI-ANXIETY MEDS</p> <p><i>Anxiolytics--primarily work on Serotonin and GABA (much like antidepressants)</i></p> <p>> Examples: Zoloft, Paxil, Celexa, Lexapro and Effexor XR, & BUSPAR</p> <p><i>Benzodiazepines: work immediately so esp. recommended for panic attacks</i></p> <p>> Examples: Valium, Xanax, Ativan, Klonopin, Librium, Serax, & Tranxene</p> <p>> Side effects from Benzos: more addictive but rare that occurs; loss of balance, slurred speech</p>	<p>ANTIDEPRESSANTS</p> <p><i>MAO Inhibitors, or Monoamine Oxidase Inhibitors</i></p> <p>> Examples: Nardil, Parnate, Marplan</p> <p>> MAO is an enzyme that attacks mood-altering neurotransmitters in the brain</p> <p>> Side effects: weight gain, insomnia, or death esp when combined with amino acid tyramine or pain meds/antihistamines</p> <p><i>Tricyclic Antidepressants</i></p> <p>> Examples: Elavil, Norpramin, Tofranil, Surmontil or Anafranil</p> <p>> Block the reuptake of some neurotransmitters to primarily help relieve pain and depression</p> <p>> Side effects: increased risk of heart failure, suicide</p>	<p>MOOD STABILIZERS</p> <p><i>Work on regulating all the major neurotransmitters that affect mood abnormalities</i></p> <p>> Examples: Lithium (creates salt & oldest but still effective), <u>Anticonvulsants</u> (Depakote, Lamictal, Neurontin, Topamax), <u>Antipsychotics</u> (Seroquel, Risperdal, Geodon, and Abilify)</p> <p>> Side effects: acne, cloudy thinking, weight gain, kidney problems; Lithium causing most of the side effects</p>
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<p>ANTIPSYCHOTIC MEDS</p> <p><i>Referred to as "atypical" >1985 and better @ treating psychosis with fewer side effects</i></p> <p>> Examples: Haldol, Risperidone, Thorazine, Risperdal, Zyprexa, Seroquel, Geodon, and Abilify</p> <p>> Work on increasing or decreasing levels of dopamine primarily</p> <p>> Side effects: weight gain, Type 2 diabetes, drowsiness, Tardive Dyskinesia (twitching/uncontrollable movements)</p>	<p>SLEEP-AIDS</p> <p><i>Work on either the GABA or histamine neurotransmitters</i></p> <p>> Examples: Ambien, Sonata, Halcion Restoril, ProSom, Xanax, Klonopin</p> <p>> Antihistamines work well too</p> <p>> Barbiturates and Narcotics (referring to as pain killers) have been used a lot in the past but are not generally recommended today</p>	<p>STIMULANTS</p> <p><i>Stimulants used to treat ADD(or ADHD) primarily and include 2 main ones: Ritalin, Amphetamines. They work on increasing dopamine and norepinephrine</i></p> <p>> Bensedrine was first one used with children in 1937 because of Charles Bradley pioneered</p> <p>> Examples: <u>Ritalin</u> (Focalin, Concerta, & Metadate) <u>Amphetamines</u> (Dexedrine, Adderall, & Desoxyn) & the only <u>non-stimulant</u> (Strattera)</p> <p>* The half-life (time meds stay in system) of these meds is key in treating esp. with kids in school all day</p> <p>> Side effects: appetite suppression, insomnia,</p>
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