

Our Deepest Fear

by Marianne Williamson

*Our deepest fear is not that we are inadequate.
Our deepest fear is that we are powerful beyond measure.
It is our light, not our darkness that most frightens us.*

*We ask ourselves, Who am I to be brilliant,
gorgeous, talented, fabulous?*

Actually, who are you not to be?

You are a child of God.

Your playing small does not serve the world.

*There is nothing enlightened about shrinking
so that other people won't feel insecure around you.*

We are all meant to shine, as children do.

We were born to make manifest the glory of God that is within us.

It is not just in some of us; it is in everyone.

*And as we let our own light shine, we unconsciously
give other people permission to do the same.*

*As we are liberated from our own fear,
our presence automatically liberates others.*